



## Arbonne Nutritional Products

**Arbonne Essentials Protein Shake Mix:** Feel satisfied for longer periods of time with increased energy, thanks to more than 20 essential vitamins and minerals, plus our exclusive Protein Matrix and INNER G-PLEX Proprietary Blends, as well as flaxseed for heart health. These Protein Shakes are wheat-free, dairy-free, soy-free and do not contain whey. In each 2 scoop serving, you will find 20 grams of sweet pea, cranberry and rice protein ideal for health, especially when eliminating allergenic food sources. Drinking meals is easier on digestion and allows our body to have energy for detoxification.

**Use: Replace 1-2 meals per day and use as a recovery shake after a workout.**

Chocolate-Item #2069-\$59.00 retail

Vanilla-Item #2070-\$59.00 retail

**Arbonne Essentials Daily Fiber Boost:** This blend of soluble fibers from fruits and grains provides 12 grams of high quality fiber per serving, giving you nearly half of what's recommended daily. It contains no saturated or trans fats. This non-gritty, flavorless, odorless powder can be mixed with liquid or food.

**Use: Begin with 1/2 a scoop 1-2x daily and increase to 1 scoops 2x daily.**

Item #2075-\$34.00 retail

**Arbonne Essentials Herbal Detox Tea:** A blend that begins with milk thistle to support cleansing and detoxification. Also, formulated with eight additional supporting herbs that create a synergistic blend to promote optimal health, preparing you and your body to reach your weight loss and healthy living goals. This tea is especially helpful for cleansing the liver, kidneys and blood.

**Use: Drink at least 1 per day. May drink continuously throughout day. Can add ice, lemon or stevia.**

Item #2076-\$14.00 retail

**Arbonne Essentials Energy Fizz Tabs:** These fizzy tabs help boost energy, control appetite and increase metabolism. The energy tablets contain green tea, ginseng, essential B vitamins and guarani.

**Use: Drink between meals for pick me up and for appetite control. May mix with shakes and Arbonne Essentials 7-day Body Cleanse.**

Citrus-Item #2077-\$29.00 retail

Pomegranate-Item #2079-\$29.00 retail

**Arbonne Essentials Fit Chews:** These mouth watering snacks contain the Keep Going Herbal Blend that helps control appetite and delivers a boost of energy. These chews are especially helpful for those who crave sweets and will help stabilize blood sugar levels. Contains astragalus and rhodiola.

**Use: Use as a sweet treat at the end of a meal to help maintain metabolism and curb hunger after 4 hours when a meal is not available for another hour or two. Limit 3 per day.**

Item #2068-\$19.00 retail

**Arbonne Essentials 7-day Body Cleanse:** Helps cleanse and detoxify the system and support the gastrointestinal tract. Marine botanicals and herbs assist with gentle elimination of toxins and flush out excess fluids.

**Use:** add one serving of concentrate to 32 oz. of water. Shake to mix. Drink one bottle mixed with water throughout the day. Do a minimum of 1 per week in weeks 2-4. If you are having problems with constipation, use on consecutive days until elimination is normalized. Can add Fizzy tablets for taste.

Item #2082-\$49.00 retail

**Daily Power Packs for Women or Men:** Gender specific packets provide 4 principles of nutrition.

**1. Complete Nutrition:** Multivitamin and multimineral supplements that support the daily dietary requirement for good health. Protects against dietary deficiencies.

**2. Optimal Digestion:** Blends for women and men include significant digestive enzymes that ensure nutrients from diet and supplements are properly assimilated and broken down.

**3. Antioxidant Protection:** From the proprietary Super ProFood Blend that combines fruits and vegetables for a combination that is antioxidant rich, and fights free-radicals and oxidative damage.

**4. Body Efficiency:** Proper nutrition gives your body the energy it needs to help support daily processes and the inclusion of botanical blends ensures that specific needs are taken care of too. These supplements are 100% vegan from whole food sources and provide maximum absorption resulting in increased energy. No colors, starch, preservatives or salt.

**Use:** Take 1 packet daily with a meal.

Men-Item #2052-\$99.00 retail

Women-Item # 2053-\$99.00 retail

**Arbonne Essentials Omega-3 Plus:** A good source of vegan omega-3 essential fatty acids from plant, grain and fruits, providing 1000 mg of omega-3 fatty acids per day. Helps promote concentration, mental acuity and supports healthy cardiovascular system and joint health.

**Use:** Take 2 capsules once daily.

Item #2066-\$39.00 retail

### **Cost for entire package:**

**Retail**-\$342.00 plus tax and shipping

**Preferred Client**-\$273.60 plus tax and shipping

**Consultant**-\$222.30 plus tax and shipping

